

**BRB CE Group's 2026 ND Conference**  
***Naturopathic Approaches to Various Disorders***

**Saturday September 12, 2026**

- \*8:15 - 8:30 Log In to Zoom
- 8:30 - 10:30 *'You Snooze, You Lose' – Drug Choices for Insomnia Treatment*  
by Dr Carol Laic ND MEd  
(2 CONO Category A – Pharmacology CE Credits **approved**)
- 10:30 - 10:45 *Presentation from our sponsor – St Francis Herb Farm*
- 11:00 - 1:00 *Kidney Disease: Risk Factors and Naturopathic Treatments*  
by Dr Paul Richard Saunders PhD ND RHom  
(2 CONO Category A – General CE Credits **approved**)
- 1:45 - 3:45 *Barrier-First Derm: Integrative Care of Skin Conditions*  
by Dr Jen Newell ND  
(2 CONO Category A – General CE Credits **approved**)
- 4:00 - 6:00 *Long COVID & Post-Viral Syndromes: Diagnosis & Care*  
by Dr Shawn Meirovici ND  
(2 CONO Category A – General CE Credits approval pending)

**Sunday September 13, 2026**

- \*8:15 - 8:30 Log In to Zoom
- 8:30 - 10:30 *Navigating the CoNO "Curse" Words*  
by Dr Erin Psota ND  
(2 CONO Category A – Jurisprudence CE Credits **approved**)
- 10:45 - 12:45 *Fostering Resilience and Functional Recovery in Patients*  
by Dr Jonathon Prousky ND MSc MA  
(2 CONO Category A – General CE Credits **approved**)
- 1:45 - 3:15 *POTS and PANS: The Condition and Cases*  
by Dr Carissa Doherty ND  
(1.5 CONO Category A – General CE Credits **approved**)
- 3:30 - 5:00 *MAST Cell Activation: The Condition and Cases*  
by Dr Carissa Doherty ND  
(1.5 CONO Category A – General CE Credits **approved**)

\*Note: All times are EDT (Eastern Daylight Time)