

Theme - Mental Health

Saturday September 12 2020

- *8:00 - 8:30 Registration and Sign-In
- 8:30 - 10:30 Mental Health: Herb-Drug Management of Anxiety (Dr Carol Laic ND MEd)
- 10:30 - 10:45 Break
- 10:45 - 12:45 Working with the Psychologically Distressed Patient
(Dr Jonathan Prousky ND MSc MA RP(Qualifying))
- 12:45 - 1:45 Lunch
- 1:45 - 3:45 Mental Health in the LGBTQ2S+ Community (Dr Cyndi Gilbert ND)
- 3:45 - 4:00 Break
- 4:00 - 6:00 Naturopathic Support for Childhood Mental Health (Dr Debbie Smrz ND)

Sunday September 13 2020

- *8:30 - 9:00 Sign-In
- 9:00 - 11:00 Naturopathic Practice in Ontario: A Regulatory Update (Lonny Rosen LLB CS)
- 11:00 - 11:15 Break
- 11:15 - 1:15 A Naturopathic Perspective on Eating Disorder Recovery
(Dr Alexandra Triendl ND)
- 1:15 - 2:15 Lunch
- 2:15 - 3:45 Post-Traumatic Stress Disorder (PTSD) - An Overview (Dr Karen Hack ND RP)
- 3:45 - 4:00 Break
- 4:00 - 5:30 Post-Traumatic Stress Disorder (PTSD) - An Overview (cont'd)

*Note: All times are EDT (Eastern Daylight Time)